

SAFESITTER

Safe Sitter® is a class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



CLASS CONTENT

SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue

LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

CLASS INFORMATION

Holy Name Medical Center

718 Teaneck Road
Teaneck, NJ 07666

**For more information and class dates,
visit holynamectc.enrollware.com/schedule.**

