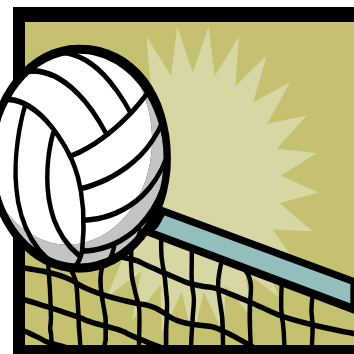


MEDICAL OFFICE MEMO



August, 2011

Pursuant to New Jersey State Code N.J.A.C. 6A:16, the New Jersey State Board of Education and New Jersey Department of Health and Senior Services and Demarest School Policy ALL students participating in sports during the school year must have a physical prior to participation. They have also designated a specific athletic form to be used – the “Athletic Pre-Participation Physical Evaluation Form”. The form can be found on my website.

ALL students intending to participate in a sport during the course of the school year must have a current physical on file in the school’s medical office. A current physical is a physical that has been done within 365 days to the start of an athletic program tryout. NO student will be allowed to try out for a sport without this form on file. The physical form can be picked up at the Main Office throughout the summer. If your child intends to try out for soccer or volleyball in the fall, please be sure to have the physical form completed and turn it into school by the first day of school. If your child is planning on playing a winter or spring sport, the physical should be turned in by October. Please be sure to check the form over before you leave the doctor’s office – frequently they forget to write in the pulse and this is required.

It is good practice to have a physical done every year for children regardless of sports participation. Keeping this in mind, please also take note that if you intend for your child to participate in the 6th grade overnight Fairview trip or the 8th grade overnight Washington, DC trip, that your child MUST have a current physical in the office from the scheduled departure dates of these trips. For your convenience, we use the sport physical forms for all physicals.

Students entering grade 6 must turn in a record that they have received Tdap booster and meningococcal vaccines. This form can be found on my website.

Sincerely,

K. McDermott

K. McDermott R.N., CSN
School Nurse